

School Lines

December 2014

Findlay City Schools
1100 Broad Ave.
Findlay, OH 45840

“The Big Shake”



Bigelow Hill students took “The Big Shake” challenge. Approximately 275 students introduced themselves and started conversation with judges. Three students: Chloe Hughes, Riley Hanna and Giovanni Melendez-Sanchez were semifinalist. They had the opportunity to meet Mayor Mihalik. Although it was a tough decision for the Mayor, Miss Chloe Hughes was the winner of “The Big Shake.” Congratulations to Riley, Giovanni and Chloe and thanks for representing Findlay City Schools!



Bikes, Books and Badges Annual Bike Give Away



Officer Dill from the Findlay Police Department, Mr. Williams, Principal of Donnell Middle School; Mr. Alvarado, Principal of Glenwood Middle School and Mrs. Rooker, Assistant Principal of Glenwood Middle School helped deliver 25 bikes to students this holiday season during the annual bike give away.



The students are enjoying their new Leader In Me mural at Jacobs School!

The First Senior Citizens Luncheon Held at The Café at Millstream





At Whittier they recently revealed a "buddy bench" on the playground. This unique piece of equipment embraces the concept of community and friendship that is instilled in all of our Whittier students. The bench was purchased through the funding of a community member and a personalized plaque was created to designate the bench.



The Jacobs staff had a breakfast fundraiser to help Clothe-A-Child.

Please remember to visit the Student and Community Opportunities tab on our website www.findlaycityschools.org to see the opportunities available in the community for you and your child. If you are interested in receiving district information via emails or text please register on the website.

FCS STUDENTS EXPLORE CREATIVITY THROUGH BOOKS AND MUSIC

Children Book Illustrators, Jeanette and Christopher Canyon brought their creativity workshops to area schools on November 6 and 7. During this time they presented to Whittier Primary School, Bigelow Hill Intermediate School and Lincoln Elementary School. Over 1000 students were amazed by their stories, pictures and John Denver Songs!

Jeanette is an educator, researcher, and artist from Columbus Ohio. She is known for using polymer clay to create relief sculptures for her critically acclaimed books. Canyon received her BFA from Columbus College of Art and Design, and enjoyed her career as an art educator for many years beginning her career in 2004 as a children's book creator.

Christopher is a critically acclaimed picture book illustrator, as well as an accomplished singer, guitarist and performer. He is best known for his brilliantly adapted and illustrated books of beloved songs by the late singer-songwriter, John Denver.

During their two days in Findlay, The Canyon's also presented a Professional Development Workshop for Educators, *Creating Books and Art through Academics*. Their residency, offered as part of The Arts Partnership's 2014-2015 Education Program, was made possible through an Education Grant from the Findlay Hancock County Community Foundation received by Judy Withrow with additional support from Findlay Enrichment Programs.



The orchestra enjoyed doughnuts and a special visit from the beautiful and talented professional harpist Bridget Kibbey! The students were enthralled hearing Bridget's wonderful story of her journey from Findlay (and the FHS orchestra) to The Juilliard School to becoming a sought-after performer who lives in New York City, travels the world, and performs and collaborates with world-renowned composers and classical musicians. Thank you Bridget for taking time to visit your alma mater and inspire orchestra students.



Mr. Barberree, Findlay High School teacher visited Ms. Nissen's 5th grade class at Bigelow Hill in order to share about the Revolutionary War and the life of a soldier.



Mrs. Treece got a surprise visit from Santa at the Administration Office Secret Snowman luncheon!!! Can you guess who her special Santa might be?

SYMPATHY

Our thoughts are with the following employees who experienced the loss of a loved one:

- Judy Withrow's (Administration Office) mother passed away.
- Darlene Mack's (Donnell) brother passed away.

Kudos to the following buildings and departments that were accident free for the month of December:

Bigelow Hill, Chamberlin Hill, Jacobs, Jefferson, Northview, Washington, Whittier, Wilson Vance, Donnell, Glenwood, Findlay High School, Millstream, Food Service, Custodial, Grounds and Maintenance.

Tip of the Month: So here are some tips to make shoveling snow a bit safer.

- Warm-up — Before getting into the heavy stuff, do a few gentle stretches, and take a short walk. This will ease your body into the work that uses many of the body's major muscles in arms, legs, shoulders and core.
- Use the proper tool — A shovel that is the appropriate height and weight for you will help reduce the need to hunch over. The authors of the snow-shoveling injury study point out that lighter shovels with the ergonomically-bent handles decrease the risk of injuries to muscles and nerves.
- Lift with your legs — You've likely heard this before in the context of moving boxes or heavy bags. It's the same with snow. Avoid lifting a full shovel of snow with just your back. Bend your knees, keep your back aligned and stand as straight as you can comfortably, with your feet about hip-width apart.
- Switch sides — People tend to favor one side or the other when shoveling. Try switching sides every few minutes to avoid muscle fatigue.
- Pace yourself and know your limits — Ease into the task at hand, and take regular breaks every 15 to 20 minutes.
- Exercise year-round — The more used to physical work your body is, the less it will complain with pain from shoveling. We're lucky here in north central Wisconsin, because winter lasts most of the year, thereby keeping our bodies in shoveling shape most of the time.